

Youth HIV services: Combining prevention and treatment

Issues: The unmet need...

- HIV positive youth were observed not to remain in care
- Services at ARV clinics not youth friendly
- 9% of persons aged 13-21 tested HIV positive- majority not enrolled in care
- Only 5% of persons enrolled in HIV care in Nyanza are youth
- Prevention programs often separate from treatment programs

Components of youth friendly services

Services

- Integration
- Participatory
- Individualized
- Short waiting times
- Minimally invasive procedures

Physical Environment

- Confidential location
- Recreation facilities
- Clinic that does not look like a clinic

Staff attitudes

- Youth friendly
 - language
 - dressing
- Non-judgmental
- Confidential

Accessibility

- Cost of travel
- Cost of services
- Convenient location
- Convenient hours

Tuungane

- HIV prevention program for youth
- Youth VCT and STI clinic
- Central clinic with drop-in center
- 5 satellite clinics
- Works with 70 youth groups in Kisumu

FACES

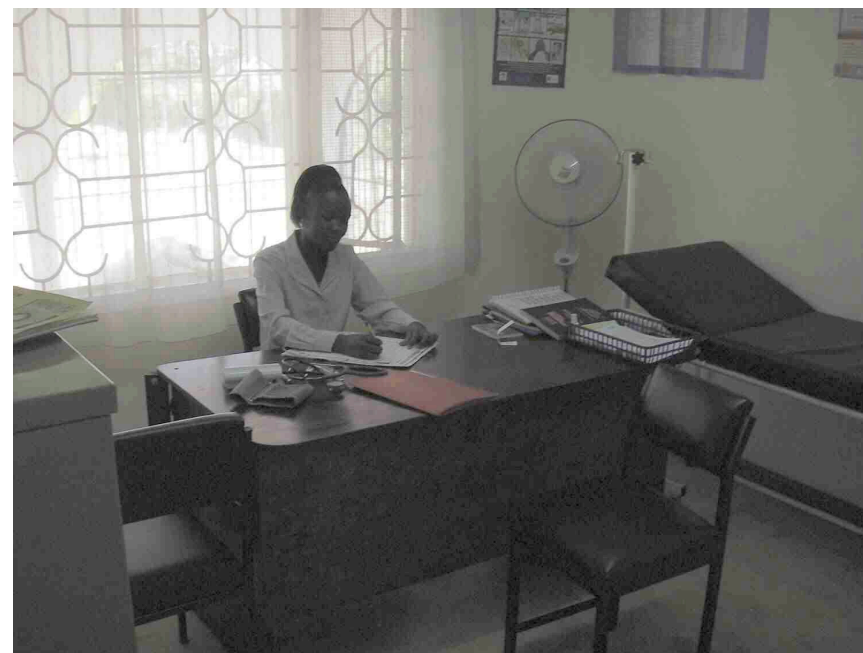
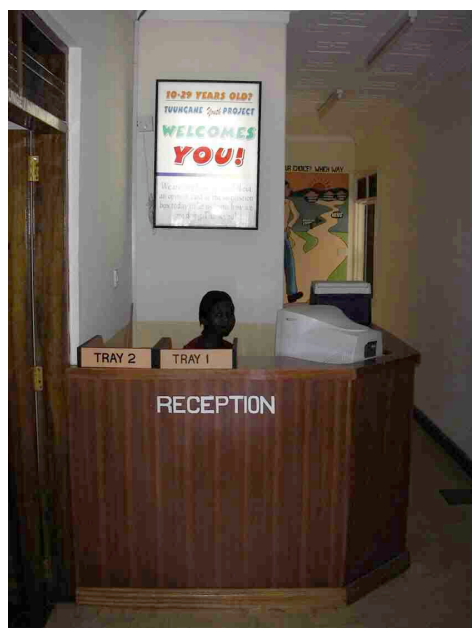
- Family AIDS Care and Education Services
- HIV Care and treatment program in Nyanza which began in Mar 2005
- Goal is to provide comprehensive, coordinated and compassionate HIV care to HIV infected persons and their families

Goals of collaboration: Tuungane- FACES

- Improve HIV care for youth in Kisumu
 - Ages 13 - 21
- Increase the number of youth enrolled in HIV care in Kisumu
- Increase uptake of VCT among youth in Kisumu

Collaboration Roles

- Tuungane
 - Space with recreation facilities
 - Staff
 - Support
 - Clinical officer
 - Nurse
 - Community mobilization
 - VCT
 - STI treatment
 - Transport of samples
 - Support group
 - Program planning
- FACES
 - Clinical mentoring
 - ART and OI drugs
 - Staff exchanges
 - CME
 - Lab
 - Technical assistance
 - Teleform
 - Reporting to PEPFAR
 - Support group
 - Program planning





Laboratory



Pharmacy



Challenges

- Recruitment of girls into clinic
- Need for pediatric services (patients would not refer babies to other sites)
- Links to PMTCT services
- Supervision of clinical staff: balancing schedules of FACES clinical staff and Tuungane staff who do field work

Progress and Successes

- Over 200 youth aged 13-21 enrolled at clinic, 32 children.
 - Patients on ARVs 68, 7 are children
- VCT uptake-
- Mom's and babies day- every Wednesday at central clinic and satellites
- FP services being introduced
- PMTCT services introduced
- Weekly CME
- Weekly support group with > 100 active members
 - IGA for support group
- Fortnightly joint staff meetings

