

Youth-specific HIV services: A partnership to combine prevention & treatment

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ISSUES

- ❖ 9% of the 3,429 (or 304) youth aged 13-21 tested at Tuungane are HIV infected.
- ❖ There is a disproportionate prevalence among girls (14.7%) compared with boys (2.0%).
- ❖ Youth prefer to receive treatment, care & other services under one roof & in a fun environment.
- ❖ A youth center whose primary goal is prevention can also serve as a treatment and care center.

Tuungane



All these under one roof!

- o VCT & General counseling.
- o Health talks & IEC materials.
- o Training on peer education & counseling.
- o Recreational activities, plus internet.
- o STI, VCT & Care (ARV) services.
- o Paeds HIV care + ARV for children of mothers ≤21yrs.
- o Post-rape care – coming soon!
- o Family planning – coming soon!

DESCRIPTION

❖ Tuungane means "Let's come together" in Kiswahili, and brings together youth, parents, teachers & religious leaders to fight HIV/AIDS among young people aged 10-29 living in urban slums of Kisumu.

❖ Tuungane has one central youth center & 5 satellite centers in the slums.

❖ The Center is open 8:30-7pm, 7 days a week set in a convenient location, has short queues, friendly staff, and personalized attention.

"You want to know what I like about Tuungane? Ni poa yaani! Ni cool sana! Yaani mambo yote. I get information..I get treatment.. I play pool.. I check my e-mail..yaani everything!" 23 year-old male client

FACES



Building housing FACES activities; Inset: FACES tents



❖ Family AIDS Care & Education Services (FACES) is a PEPFAR-funded program, a collaboration between the University of California San Francisco and the Kenya Medical Research Institute providing comprehensive care to HIV infected patients and their families.

Tuungane – FACES Partnership

- ❖ Only 677 (5.3%) of 12,792 patients enrolled at the Patient Support Centers within Kisumu City are aged 13-21.
- ❖ Yet there are 2,185 eligible clients in this age bracket tested at the various VCT centers in the city.
- ❖ FACES & Tuungane entered into partnership in Nov. 2005 to provide treatment & care for the youth in this age bracket.
- ❖ Tuungane recruits clients, provides clinic space, equipment, staff, non-medical supplies & support counseling.
- ❖ FACES provides technical supervision, clinical training & mentoring, medical supplies (plus ARVs) & laboratory services.
- ❖ To standardize the services, there are weekly staff exchanges and CME between the two organizations.



FACES clinician attends to a child at Tuungane



Peer adherence counseling



Support group meeting



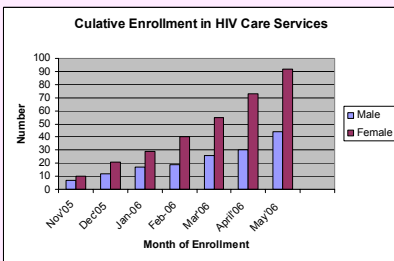
Junior support group (<12 yrs), with facilitator



A pharmacist packing drugs for Tuungane at the FACES clinic



Tuungane clinician attends to a patient



"Being counseled by someone my age and who is positive and on ARVs is the best thing about Tuungane" 19-year old female client



FACES Lab Tech processing samples from Tuungane

LESSONS LEARNT

- ❖ A youth-friendly and youth-only setting reduces barriers to care among youth.
- ❖ In =6 months and with 2 clinical staff, Tuungane has enrolled 143 youth in care.
- ❖ Uptake of VCT among the youth? increased >3-fold since introduction of care at Tuungane.
- ❖ A strategic partnership between prevention & care programs optimizes service utilization while reducing redundancy.

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