Youth HIV services: Combining prevention and treatment
Issues: The unmet need...

• HIV positive youth were observed not to remain in care
• Services at ARV clinics not youth friendly
• 9% of persons aged 13-21 tested HIV positive- majority not enrolled in care
• Only 5% of persons enrolled in HIV care in Nyanza are youth
• Prevention programs often separate from treatment programs
Components of youth friendly services

**Services**
- Integration
- Participatory
- Individualized
- Short waiting times
- Minimally invasive procedures

**Physical Environment**
- Confidential location
- Recreation facilities
- Clinic that does not look like a clinic

**Staff attitudes**
- Youth friendly
  - Language
  - Dressing
- Non-judgmental
- Confidential

**Accessibility**
- Cost of travel
- Cost of services
- Convenient location
- Convenient hours
Tuungane

- HIV prevention program for youth
- Youth VCT and STI clinic
- Central clinic with drop-in center
- 5 satellite clinics
- Works with 70 youth groups in Kisumu

FACES

- Family AIDS Care and Education Services
- HIV Care and treatment program in Nyanza which began in Mar 2005
- Goal is to provide comprehensive, coordinated and compassionate HIV care to HIV infected persons and their families
Goals of collaboration: Tuungane-FACES

• Improve HIV care for youth in Kisumu – Ages 13 - 21
• Increase the number of youth enrolled in HIV care in Kisumu
• Increase uptake of VCT among youth in Kisumu
Collaboration Roles

• Tuungane
  – Space with recreation facilities
  – Staff
    • Support
    • Clinical officer
    • Nurse
  – Community mobilization
  – VCT
  – STI treatment
  – Support group
  – Program planning

• FACES
  – Clinical mentoring
  – ART and OI drugs
  – Staff exchanges
  – CME
  – Lab
  – Technical assistance
  – Teleform
  – Reporting to PEPFAR
  – Support group
  – Program planning
Challenges

• Recruitment of girls into clinic
• Need for pediatric services (patients would not refer babies to other sites)
• Links to PMTCT services
• Supervision of clinical staff: balancing schedules of FACES clinical staff and Tuungane staff who do field work
Progress and Successes

- Over 200 youth aged 13-21 enrolled at clinic, 32 children.
  - Patients on ARVs 68, 7 are children
- VCT uptake
- Mom’s and babies day- every Wednesday at central clinic and satellites
- FP services being introduced
- PMTCT services introduced
- Weekly CME
- Weekly support group with > 100 active members
  - IGA for support group
- Fortnightly joint staff meetings